



# Hospice News

Volume XL, Issue 4 Fall 2022  
Craven County Hospice  
Craven County Health Department

*Your Hometown Hospice for over 40 Years*

## *The Holiday Season and Grief*

Once a year, Craven County Hospice invites family members and friends of our patients to our "A Time of Remembrance" Memorial Service. This service is a tribute to the patient and the patient's family. The service consisted of readings, music and we honored our patients by a reading of the names ceremony. On December 1, 2022 at 4:00 pm, Craven County Hospice hosted its annual "A Time of Remembrance" Memorial Service at St. Paul Catholic Church.

This ceremony was to remember our Hospice patients who have left us this past year and it provided an opportunity to help families and friends of the loved ones during their healing process. During the nondenominational service, we remembered 142 patients in a beautiful and meaningful ceremony led by Father Tully and our special guest chaplain, Mr. Jimmy Hardesty, the Associate Pastor from the Crystal Coast Assembly of God in Peletier, North Carolina.



Craven County Hospice nurses, volunteers and family members hung ornaments made by the Tryon Chapter of the Embroiderers Guild of America, prior to the service. Each ornament was embroidered with the name of the person who left us in 2022. The ornaments were given to the patients' families to remember those they lost. During the service, we honored our patients by a reading of their names, while

family members lit a candle representing their loved ones. Everyone was welcome regardless of individual faiths or beliefs. .



## *Grief and the Holidays*

The holiday season can be a stressful time for most people. You face the challenge of finding the right gifts for everyone, attending the holiday festivities, preparing your family's favorites at your holiday dinners, and then you have to wrap all the gifts, and decorate your homes. When you add losing a loved one to the stress you are already facing, it can make the first holidays even more challenging. You will need to understand things will not be the way they have been. You have lost your loved one and it has changed everything. There will be moments of joy in the midst of grief and that is okay. Enjoy those moments. Your loved one will always be missed but the next holidays will be easier. May your family have peace and comfort during this holiday season.

## *Did you know?*

The goal of Hospice is to provide end of life "Palliative Care" (the control of pain and symptoms); utilizing a team of specialists (disciplines) to provide care including physician services (working together with your doctor of choice), skilled nurses, counselors, social workers, spiritual care specialists, and certified nursing assistants, as well as volunteers with a variety of skills and levels of assistance.

## Hospice Happenings

On Thursday, November 11th, Craven County Hospice staff and volunteers helped serve lunch from 11 a.m. to 1 p.m. to the Veterans at Temple Baptist Church in New Bern. It is an honor to serve those who have served our country and protected our freedom. The luncheon was hosted by the Craven County Veteran's Council.



On November 3rd, we hosted a special bereavement support group focusing on Getting Through the Holidays. We offered two— one hour sessions, one at 10:30 am and the second at 6:30 pm at St. Paul Catholic Church. We recognized the first holiday without a loved one can be challenging and difficult. Loved ones will always be missed and hopefully, the next holidays will be easier. We also discussed some helpful tips to make the holidays less stressful and difficult. We, at Craven County Hospice, are always available to listen and to talk. Call our office at (252) 636-4930 and ask for Angel, our Hospice Chaplain.

Also in November, Craven County Hospice participated in the Third Annual National Day of Giving at Union Point Park. The event started at 3 pm with an opening ceremony. Donors came cars and on foot to donate to the 43 nonprofit organizations that attended. We had Christmas songs playing and were provided by 95.7, Beach Boogie and Blues Radio Station. It was a great time and we are planning on participating again next year!



As we are preparing for the Christmas holiday, some of our staff participated in New Bern's annual Christmas parade on December 1st. It was a great day for a parade! Santa even stopped by our float to ask us what we wanted for Christmas! We had a wonderful time and enjoyed tossing candy to the crowds! We look forward to doing this again next year!



## Wish List



We are always looking for twin XL bed sheets to fit hospital beds that are used by our patients. Other important items are baby monitors (new or used) that can be placed in a home for patients to always have contact with their caregivers. Also, Craven County Hospice gratefully accepts monetary donations. These charitable gifts, let us serve those patients unable to pay for such things as respite aides, which are not covered by the Medicare Hospice Benefit. If you would like to make a donation, please contact us at 252-636-4930.

## Volunteer Opportunities

Volunteers provide care by spending time with the patients and performing clerical duties in our office. Visiting patients can include: listening, playing games, or even singing with them! If you would like to be a hospice volunteer, please call our office at 252-636-4930 for more information or complete the form on our website, [www.cravencountyhospice.com](http://www.cravencountyhospice.com).



## How to make a Cinnamon Stick Reindeer Ornament

### Supplies needed: (to make one reindeer ornament)

3 cinnamon sticks      1 small red pom pom  
2 google eyes      Red ribbon  
Hot glue gun



### Directions:

To form the reindeer, place two of the cinnamon sticks in the shape of a "V". Place the third cinnamon stick horizontally on top of the "V", towards the top. Hot glue all of the cinnamon sticks together. Glue on google eyes and pom-pom for the nose. Cut a piece of ribbon for the hanger and glue it on the back of the reindeer.

Note: These ornaments can be put together quite quickly and easily. This would be a perfect activity to do with children for the Christmas holiday. And if you like the smell of cinnamon, they smell great!

## Hospice Memorials (continued on pg. 4)

**Dorothy Bendick**  
Sandra Schulites

**Coleen Brock**  
Carol Erwin

**Steven Burgess**  
Sandra Cotton  
Douglas Craig  
Judith Fishell  
Peggy A. Gleason  
Susan Lansche  
Wendy Moeller

**Steven Burgess**  
Sharon Warren

**Marie Clark**  
Mahan Clark

**William Clark**  
Morag Cheesman

**Zeno Everette**  
Rita Bradley  
Doris A. Emer  
Tommy & Marilyn Hale  
Carol E. Hartman  
Emily Howell

**Zeno Everette**  
Jane Revels  
Cynthia York

**Richard Ewan**  
Sharon Warren

**Carole Frazer**  
Darren DePalo

**Michael Hargett**  
Mike Bonner  
Mary Hall  
Nancy Shelton

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**Craven County Hospice**  
PO Bx 12610  
2818 Neuse Blvd  
New Bern, NC 28561





## *Hospice Memorials*

*Thank you for your donations in Memory Of :*

**Betty Ipock**  
Sharon Bland  
R.P. Daniels  
Beth Henderson  
Donald Hodges  
Tina B. Ipock  
Cinda A. Mills  
C&S Painter  
Ivy Brantley Reid  
Cheryl Smith  
Dale E. Stubbings  
Charlene K. Swilling  
Ann H. Turner  
Jim Whitford, Jr.

**Warren Lloyd**  
Maureen Comer  
Elizabeth Orsega

**Donald Malenfant**  
Kevin O'Leary

**Alvin Morefield**  
Judith Morefield

**Joel Phillips**  
Andrea Phillips

**Charles Rist, Jr.**  
Geraldine Jordan

**Dorothy Salvati**  
Lake Clermont POA

**Mary Tripp**  
Noah Tripp

**Mary Warren**  
William Warren

**Love Whitfield**  
Bert Mercer

**Karen Wilkes**  
David Clifton  
Robert L. Martin, Jr.  
Courtney Silverthorne

**Brenda Wright**  
Gary Wright

**Donation to Hospice**  
Robert Blais  
Carol Everette  
George Liner  
Judith Lloyd  
Angel Lorton  
Helen White  
Joan Whitley  
Ilona Zoldos



When you make a memorial gift or donation to Craven County Hospice you are ultimately helping patients and families receive compassionate care when they need it most. These donations go towards supplies, medications and medical equipment that are not otherwise covered. Thank you for choosing Craven County Hospice. *Please make the check payable to **CCHD- Foundation**, P.O. Drawer 12610, New Bern, NC 28561.*

Hospice is a coordinated palliative and supportive care (physical, psychological, social, and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.

If you or someone you know is thinking about receiving hospice services and would like more information about the services Craven County Hospice provides, please give us a call at (252) 636-4930.

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